



Early Learning Center Presents:

MINDFUL MORNINGS

A literacy-based SEL program designed to support students' early literacy skills and social-emotional development.



Monday-Friday
7:35AM - 8:20 AM



February 7 - May 26



SEL Component includes:

- Mindful meditations
- Building friendships
- Managing emotions
- Feelings vocabulary

Literacy Component includes:

- Read alouds
- Vocabulary development
- Letter recognition
- High-frequency words
- Print structure

**SPACES ARE LIMITED
REGISTER HERE!**

